

To the tune of FOOD GLORIOUS FOOD (from Oliver!)

Food, glorious food
Pie, Timbit, fig newton
None of which I can eat
Cause they're all filled with gluten

Kale, fennel, arugula
Chard, cabbage or okra
Causes my body to swell up
Just like Oprah

Food dangerous food
Can't go near a crustacean
Or I get blisters and bumps
In an awkward location

Chestnuts roast on an open fire
Heat them just right and then
I taste then with all haste
I go and grab my epi-pen

Food perilous food
No apple, lemon or cherry
And can't wash it all down
With coffee, fruit juice or dairy

No popcorn, peanuts or crackerjack
Nothing good for a snack

Can't eat
Nothing's a treat
Anything wheat
Swells up my feet
I sweat from the heat
I'll send you a tweet
Murderous food!